

KATRIN LUYTEN

PERSONAL TRAINER

PRICING:

(1) Private \$140 (5) Private sessions \$650

(1) Semi-private \$200 (5) Semi-privates \$950

ABOUT ME

I have been in the valley since 2015, and in my free time I enjoy biking, skiing, horseback riding, sailing, running and traveling. As a collegiate runner and with my 30 years of experience as a physical therapist, I realize how hard it can be to return to play after injury. Whether you are post rehab or just looking to improve your strength, balance and overall fitness, let me help you achieve your goals!



239.821.3095

KATRINLUYTEN@MAC.COM

EXPERTISE

POSTURE, BALANCE & AGILITY

CARDIOVASCULAR

RECONDITIONING

STRENGTH TRAINING

SPORTS CONDITIONING

EXPERIENCE

DOCTOR IN PHYSICAL THERAPY

ACSM CERTIFIED PERSONAL TRAINER



TOWN OF
SNOWMASS VILLAGE

PARKS, RECREATION & TRAILS